

123 Magic and Emotion Coaching

*Learn to Manage Big Emotions
and Challenging Behaviours
in children 2-12 years old*



A four-session program for parents and carers
at **Mercy Community Services**
15 Church St, Goodna 4300
on **Thursday 23rd July 2015** at **9.30-12.00 noon** for **4 weeks**

The course teaches parents and carers how to:

- ✓ Encourage wanted behaviours in your children
 - ✓ Set clear expectations
 - ✓ Help your children develop self-control
 - ✓ Help your children's brains to grow
 - ✓ Support them making good choices
 - ✓ Resolve family conflict quietly and calmly
- **Cost:** The course costs \$10.00, this one off charge covers the course booklet, tea and coffee
 - **Register** for this course by contacting Mark, and for more information on the program contact Claire at Mercy Community Services, Goodna on **(07) 3280 8000**