

123 Magic and Emotion Coaching

*Learn to Manage Big Emotions
and Challenging Behaviours
in children 2-12 years old*



A four-session program for parents and carers
at **Mercy Community Services**

15 Church St, Goodna 4300

on **Thursday 13th October 2015** at **9.30-12.00 noon** for **4 weeks**

The course teaches parents and carers how to:

- ✓ Encourage wanted behaviours in your children
- ✓ Set clear expectations
- ✓ Help your children develop self-control
- ✓ Help your children's brains to grow
- ✓ Support them making good choices
- ✓ Resolve family conflict quietly and calmly

- **Cost:** The course costs \$10.00, this one off charge covers the course booklet, tea and coffee
- **Register** for this course by contacting Mark, and for more information on the program contact Claire at Mercy Community Services, Goodna on **(07) 3280 8000**